



# Embers in the Fire

Annual Women's AA Retreat

## 15<sup>th</sup> Annual Women's AA Retreat

March 10-12, 2023

**"The Four Absolutes"**  
Northern Pines Camp  
County 1 - Park Rapids, MN 56470

Registration takes place  
October 15 – December 31, 2022

**Fee: \$120, incl meals, lodging, & activities**

Join us at the beautiful Northern Pines Camp on 40 acres on the east shores of Fish Hook Lake near Park Rapids. Accommodations are warm and clean, with twin and bunk beds with mattresses. You must provide your bedding, pillows, towels, and toiletries. We recommend you bring your Big Book and 12x12.

Space is limited at the lodge and cabins to 80 women. You are responsible for setting up your hotel arrangements if we are filled. For those staying off-site, the registration fee is \$75 to attend the conference with meals.

The committee invites you to bring a snack to share and an item for the fabulous RAFFLE.

- Sharing Group Sessions- discussing selected topics based on the Four Absolutes.
- Fellowship Area- plenty of warm beverages, snacks, activities, and fellowship available during the event.
- Meditation Room- decompress in a quiet room (throughout the event).
- Yoga or snowshoeing to start your day.
- Karaoke- Saturday evening, show off your hidden talent!

To receive an announcement and updates, join our email list.  
Send a request to: [eitfretreat@gmail.com](mailto:eitfretreat@gmail.com)

If you do not have access to the internet, please contact Ashley B. at 952-220-1983  
Question or information on available scholarships, please email [eitfretreat@gmail.com](mailto:eitfretreat@gmail.com)

Find us on Facebook: EITF Retreat

### Weekend Agenda

#### Friday, March 10

4:00 PM	Registration / Dinner
7:00 PM	Welcome
8:00 PM	Guest Speaker; LuAnn G. / Pine River
9:00 PM	Round 1 Raffle

#### Saturday, March 11

7:00 AM	Yoga or Snowshoeing
8:00 AM	Breakfast / Announcements
10:00 AM	<i>Sharing Groups (Love / Honesty)</i>
12:00 PM	Lunch
2:00 PM	<i>Sharing Groups (Unselfishness / Purity)</i>
4:00 PM	AA Meeting & Fellowship
6:00 PM	Dinner
7:30 PM	Guest Speaker; Erin H. / Eagan
9:00 PM	Round 2 Raffle
10:00 PM	AA Meeting & Fellowship

#### Sunday, March 12

7:30 AM	Yoga or Snowshoeing
9:00 AM	Brunch
10:00 AM	Grand Prize Raffle
	Bid Farewell